



Mountain Lakes High School

MOUNTAIN LAKES HIGH SCHOOL ATHLETIC TRAINING RULES POLICY

A member of a Mountain Lakes High School athletic team is expected to maintain the high ideals of personal integrity and team loyalty. To maximize the commitment to that goal, each athlete must adhere to the following rules:

1. The use and/or possession of drugs or alcohol by any team member is prohibited.
2. The use and/or possession of any tobacco product (including spit tobacco) by any team member is prohibited.
3. Any involvement with police or other authorities because of violations of local, state or federal law (with the exception of motor vehicle violations), by any team member is prohibited, if such violation is determined by the Principal or his/her designee, the Athletic Director and Head Coach to be of a sufficiently serious nature that punishment under this Policy is warranted (together with violations of rule 1 and 2, referred to herein as a "punishable violation"). In determining whether such violation is of a sufficiently serious nature that punishment under this Policy is warranted and/or the appropriate response to students who commit one or more acts under this paragraph, the following factors may need to be considered:
 - a) the levels of harm
 - b) the surrounding circumstances
 - c) the nature of the behaviors
 - d) past incidents or past or continuing patterns of behavior

The Principal or his/her designee, Athletic Director and Head Coach will be responsible for determining whether an alleged act constitutes a punishable violation of this Policy. The Principal or his/her designee shall conduct a prompt, thorough and complete investigation of the alleged incident. The Principal or his/her designee will maintain a record of each investigation regarding allegations of Training Rule Violations.

Any athlete who commits a punishable violation will be removed from the team of which he/she was a member for the remainder of that season. Also, if a punishable violation occurs, the athlete will be referred to the student assistance program and a drug/alcohol evaluation may be required.

In addition, an athlete's second punishable violation during that athlete's high school career will result, not only in the loss of eligibility for the remainder of that season, but also the following:

For 2nd and subsequent punishable violations involving tobacco, alcohol and/or drugs:

- A. **For Alcohol and Drug Offenses:** *Mandated alcohol and drug assessment with an outside facility approved by the Student Assistance Coordinator (SAC) and*
 - A1. *Completion of any recommended program resulting from assessment by outside facility. OR Concurrent active participation in such recommended program including compliance with all program policies and recommendations*
 - A2. *Participation in the random drug-testing program, including the EtG 80-hour alcohol screen, for 90 days while school is in session, unless such testing is specifically contrary to the recommendation of the outside facility or therapist.*

*****See REVERSE for continuation of Athletic Training Rules Policy*****

For Tobacco Offenses: Mandatory three meetings with SAC and compliance with all recommendations resulting from such meetings.

Except for those recommendations that result in concurrent active participation or on-going testing, the requirements under this paragraph A. must be completed before participating in another sport.

- A. Participation in Eligibility Meeting:** The Principal, Athletic Director, SAC and two members of the coaching staff will review the student athlete's compliance with the requirements under paragraph A. above and determine the student athlete's eligibility for participation in sports.

For 2nd and subsequent punishable violations NOT involving tobacco, alcohol and/or drugs:

- A. Participation in three mandated meetings** with the Student Assistance Coordinator. (SAC)
- B. Implementation of the recommendations of the SAC** based on the above mandated meetings.
- C. Completion of an individually prescribed restitution program** which may include 20-60 hours of community service **and/or adherence to a restriction of in school privileges** including free periods and open campus.
- D. Participation in Eligibility Meeting:** The Principal, Athletic Director, SAC and two members of the coaching staff will review the student athlete's compliance with A,B, and C above and determine the student athlete's eligibility for participation in sports.

These Athletic Training Rules shall apply to all athletes participating in a sport effective as of (a) the first day that practice for the sport is permitted by NJSIAA for all winter and spring sports and (b) the first announced official day of mandatory practice, but not earlier than August 15, for all fall sports, notwithstanding the fact that any athlete may not attend practice on such day with or without the permission of the coach of such sport.

I have read the above rules and will comply with them.

Athlete's Name (PRINT) _____

Athlete's Signature _____

Date _____ Sport _____ Grade _____

I have read and acknowledge receipt of the above rules.

Parent's Signature _____